

**7th Annual Tri-State Conference on  
Grief and Loss**

**Friday, September 25, 2015**  
8:15am—4:00pm

## **Cultural Humility in End of Life Care**



**Tashel Bordere, Ph.D.**  
**Associate Professor of Child  
and Family Development**  
**University of Central Missouri**

**Co-provided by Cincinnati Children's  
and VITAS Healthcare**



Center for Professional Excellence, Education  
ML\_3020  
3333 Burnet Avenue  
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# Course Information

## Description

Do you ever wonder how to manage in cases of cultural conflicts or in anticipation of misunderstandings that inevitably arise in human interactions? Wonder what to say in exchanges that go beyond the realm of your life or professional experiences in bereavement care? Or simply desire to increase your “self” and “other” cultural awareness, knowledge, and skills? Do you question how to appropriately support within and across cultural lines at arguably the most vulnerable phase of life?

During this interactive workshop, we will explore *Cultural Humility* in meeting the diverse needs of contemporary families in *end-of-life and after-death care* from a developmental and contextual perspective. The speaker draws from research, practice, and case studies. Dr. Bordere will enlighten the audience on cultural humility, providing practical experiences that allow for self-reflection and problem-solving in a safe and community environment; and from the presenter’s culture to yours. She will conclude with a unique grief ritual grounded in the celebratory context of New Orleans.

The Tri-State Conference on Grief and Loss is the result of the collaborative efforts of several bereavement professionals in the Greater Cincinnati area. Our goal is to offer a one day program featuring a nationally recognized speaker to local bereavement providers in an affordable venue.

## Audience

Aftercare providers, bereavement specialists, child life specialists, chaplains, clergy, counselors, educators, funeral directors, nurses, social workers, and anyone who works with the bereaved.

## Objectives

- ◆ Define cultural humility and examine its applications to effectively work with bereaved individuals and families approaching end-of-life and after-death care.
- ◆ Critically evaluate social justice theories and concepts, including privilege, oppression, suffocated grief, and alliance building as related to diversity in grief and mourning within and across groups.
- ◆ Describe culture and the intersection of variables through “self” and “other” reflective activities to uncover strengths and barriers in work with bereaved families.
- ◆ Examine and become equipped with strategies grounded in cultural humility and culturally conscientious practice for effective work and trust-building with individuals and families in both normative or socially sanctioned (e.g., health) and in disenfranchising death, loss and grief encounters.

# Program

8:15-8:45	Registration (coffee & tea provided) and Welcome
8:45-10:15	Session I: What is Cultural Humility Lecture and open discussion
10:15-10:30	Break
10:30-12:00	Session II: Privilege, Power, Marginalization & Oppression Lecture and open discussion
12:00-1:00	Lunch (box lunch provided)
1:00-2:30	Session III: Minimizing cultural conflicts Lecture and open discussion
2:30-2:45	Break
2:45-3:45	Session IV: Cultural Contextual Rituals Lecture and open discussion
3:45-4:00	Wrap-up and Evaluation

## Contact Hours

**Nursing:** 5.75 contact hours will be provided for those who attend the entire program and complete an evaluation tool.

Cincinnati Children’s Hospital Medical Center (OH-046, 9-1-2015) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

**Social Work:** Cincinnati Children’s Hospital Medical Center Social Service is an approved provider of social work continuing education by the State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board (#RSX069302). This conference is approved for 5.5 (five and a half) clock hours. Social Work Program Area: Human Development and Behavior.

**Counselors:** 5.5 CEUs for those who attend the entire program, approved by the State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board, program number MCX091501.

**Funeral Directors:** 6 CEUs approved by the Ohio Board of Embalmers and Funeral Directors for participants who attend the entire program through the College of Mortuary Science.

## Disclosures

The Planners and presenters have no real or perceived conflicts of interest related to this program. There is no Commercial support or sponsorship for this program.

# General Information

## Registration Information

- Register and pay online! It's fast, easy and convenient. Go to: [www.cincinnatichildrens.org/ed/cme/ce-calendar.htm](http://www.cincinnatichildrens.org/ed/cme/ce-calendar.htm)

We accept the following types of payment Online:

- American Express, Visa or MasterCard
- \$60** includes CE and a box lunch (Please indicate if you will need a vegetarian lunch)
- Early Bird Deadline:** Wednesday, September 16, 2015
- Late fee: \$90** September 17, 2015
- No refunds**, but substitutions are permitted.
- Evaluations and CE/Attendance Certificates will be completed online after the program.
- Confirmation letters will be sent to your email address. If you have questions about registration, you may email [Sharon.Herndon@cchmc.org](mailto:Sharon.Herndon@cchmc.org).
- Room temperatures vary, please bring a jacket or sweater for your comfort.

## Additional Information

For additional conference information, please contact:

- Ted Haddix, Bereavement Manager, Vitas Healthcare  
513-742-6583 or [ted.haddix@vitas.com](mailto:ted.haddix@vitas.com)
- Jan Borgman, Bereavement Manager, Cincinnati Children's  
513-636-0069 or [jan.borgman@cchmc.org](mailto:jan.borgman@cchmc.org)

# Speaker & Location

## Speaker

Tashel C. Bordere, PhD, CT, is an Associate Professor of Child and Family Development at the University of Central Missouri, where she has developed and taught courses related to Death, Dying and Bereavement in Families, Multiculturalism in Families, and Adolescent Culture. She is also a member of the National Council on Family Relations. She is a speaker, youth advocate, researcher and author of works relating to diversity and resilience through grief. She was a panelist on the 2014 Annual Hospice Teleconference "Helping Adolescents Cope With Loss."

Dr. Bordere is a board member of the Association of Death Education and Counseling (ADEC) and past Chair of ADEC's People of Color/Multicultural Forum. As an active member of ADEC, Tashel contributed her service and expertise as the former editor of *The Forum*, the association's quarterly member publication. She is a Certified Thanatologist.

Tashel has provided numerous consultations, trainings, presentations and workshops across the country relating to cultural awareness and sensitivity in practice with youth affected by violent death. Her research focuses on homicidal violent death among African-American youth, cultural death customs, parenting approaches within context, and culturally sensitive practices in research and work with children and adolescents.

## Location

Cincinnati Children's—Oak Campus

620 Oak Street

Cincinnati, Ohio 45206

Medical Education and Resource Center (MERC) Auditorium

For directions from your location to the MERC Auditorium, go to:

[cincinnatichildrens.org/maps](http://cincinnatichildrens.org/maps)

Cincinnati Children's Oak Campus Map and Driving Directions

